

**Curriculum Vitae**  
Patrick James McGahan, MD

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**Office Information: 1/1/2017-present**

- Advanced Orthopedics & Sports Medicine Inc  
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**Hospital Affiliations**

- Saint Francis Memorial Hospital
- California Pacific Medical Center
- Chinese Hospital
- St. Mary's Medical Center
- Sutter Medical Center

**Education**

- University of California, Davis, School of Medicine, Class of 2007
- University of California, Los Angeles, Class of 2003, Bachelor of Science, Biology, Summa Cum Laude
- Jesuit High School, Sacramento, CA, Class of 1999

**Post-Graduate Education and Training**

- San Diego Arthroscopy and Sports Medicine Fellowship, 2012-2013
- San Francisco Orthopaedic Residency Program, Class of 2012
- San Francisco Orthopaedic Residency Program, Surgical Internship, 2007-2008

**Certifications**

- Medical License: Physician and Surgeon  
State of California: 2008-present

**Professional Societies**

- American Academy of Orthopaedic Surgery: Diplomate (Board Certified) since 2015
- American Orthopaedic Society for Sports Medicine: Member since 2012
- Arthroscopy Association of North America: Member since 2012

**Honors and Awards**

- 2013 San Diego Arthroscopy and Sports Medicine Fellowship Outstanding Fellow Award
- 2012 San Francisco Orthopaedic Residency Program Research Award
- 2012 San Francisco Orthopaedic Residency Program Gar Wynne Award for Leadership in Residency

- 2007 UC Davis School of Medicine Medal: highest award given by school of medicine to single member of graduating class for overall academic excellence
- 2007 UC Davis School of Medicine Morphologic Sciences Award: given by school of medicine to the single student with the highest combined scores in anatomy and pathology during the first two years of medical school
- 2007 UC Davis School of Medicine Pathology Award: given by school of medicine to the single student with overall excellence in pathology
- 2005-2007: Internal Medicine Clerkship: Honors; Psychiatry Clerkship: Honors; Surgery Clerkship: Honors; Obstetrics and Gynecology Clerkship: Honors; Pediatrics Clerkship: Honors; Letters of Distinction in Pathology and Pulmonology; Honors in 4<sup>th</sup> year Diagnostic Radiology clerkship
- 2005 UCD School of Medicine Predoctoral Research Fellowship: research grant
- 2004 AOA Honor Medical Society Student Research Award: research grant
- 2004 UCD School of Medicine Predoctoral Research Fellowship: research grant
- 2003 Regent's Scholar, University of California, Davis, School of Medicine: medical school scholarship
- 2003 Summa Cum Laude at UCLA
- 2003 Phi Beta Kappa, University of California, Los Angeles
- 2003 College Honors Program Graduate, University of California, Los Angeles

### **Team Coverage Experience**

- Sacred Heart Cathedral High, Team Physician, San Francisco, CA
- Sacramento River Cats AAA Baseball Team
- Jesuit High School Football Team
- Major League Baseball: San Diego Padres
- San Diego State University Men's Basketball Team
- San Diego State University Men's Football Team
- San Diego State University Men's Soccer Team
- San Diego State University Women's Soccer Team
- Mesa Community College Men's Football Team, San Diego, CA
- La Jolla Country Day High School Varsity Football Team, La Jolla, CA
- University of San Francisco Men's Basketball Team
- University of San Francisco Men's Soccer Team

### **Grant Support: Completed**

- 2010-2012: Biomechanical Research: The effect of biceps adhesions on glenohumeral range of motion: a cadaveric study. William Montgomery III, MD; Jeremi Leasure, MS. San Francisco Orthopaedic Residency Program
- 2004-2006: Clinical Research: Comparison of digital radiography with conventional radiography in the evaluation of spinal deformity. Award: UCD Predoctoral Research Fellowship. Munish Gupta, MD, University of California, Davis, Department of Orthopaedic Surgery

-2004: Clinical Research: Ultrasound detection of Urological Trauma. Awards: AOA Student Research Award, UCD Predoctoral Research Fellowship. John Richards, MD, University of California, Davis, Department of Emergency Medicine

### **Peer Reviewed Publications**

1. Elena N, Woodall BM, Ahn S, et al. Anterior Shoulder Stabilization Using a Single Portal Technique With Suture Lasso. *Arthrosc Tech*. 2018;7(5):e505-e509.
2. Elena N, Woodall BM, Mac Hale WP, et al. Single Portal Technique for Subscapularis Tendon Repair. *Arthrosc Tech*. 2018;7(6):e645-e649.
3. Gamboa JT, Shin EC, Pathare NP, McGahan PJ, Chen JL. Graft Retensioning Technique Using an Adjustable-Loop Fixation Device in Arthroscopic Anterior Cruciate Ligament Reconstruction. *Arthrosc Tech*. 2018;7(2):e185-e191.
4. McGahan PJ, Fronck J, Hoenecke HR, Jr., Keefe D. The use of an orthopaedic rating system in major league baseball. *Sports Health*. 2014;6(5):446-450.
5. McGahan PJ, Patel H, Dickinson E, Leasure J, Montgomery W, 3rd. The effect of biceps adhesions on glenohumeral range of motion: a cadaveric study. *J Shoulder Elbow Surg*. 2013;22(5):658-665.
6. McGahan PJ, Pinney SJ. Current concept review: osteochondral lesions of the talus. *Foot Ankle Int*. 2010;31(1):90-101.
7. McGahan PJ, Richards JR, Bair AE, Rose JS. Ultrasound detection of blunt urological trauma: a 6-year study. *Injury*. 2005;36(6):762-770.
8. Richards JR, McGahan PJ, Jewell MG, Fukushima LC, McGahan JP. Sonographic patterns of intraperitoneal hemorrhage associated with blunt splenic injury. *J Ultrasound Med*. 2004;23(3):387-394, quiz 395-386.
9. Woodall BM, Elena N, Gamboa JT, et al. Anterior Cruciate Ligament Reconstruction With Amnion Biological Augmentation. *Arthrosc Tech*. 2018;7(4):e355-e360.
10. Woodall BM, Elena N, Mirvish AB, et al. Submeniscal Portal for Horizontal Cleavage Tear with Parameniscal Cyst of the Lateral Meniscus. *Arthrosc Tech*. 2018;7(5):e529-e532.

### **Web Based Journal Articles**

1. McGahan, J, Gillen, M, and **P McGahan**. RSNA Ultrasound Cases of the Day, July 26, 2001. (Electronic Submission).

### **Abstracts**

1. The effect of biceps adhesions on glenohumeral range of motion: a cadaveric study. Western Orthopaedic Association. Portland, OR, 2012. Abstract Presentation.
2. Comparison of digital radiography with conventional radiography in the evaluation of spinal deformity. Western Student Medical Research Forum. Monterey, CA, 2006. Abstract Presentation.
3. Ultrasound detection of blunt urological trauma: a 6-year study. Western Student Medical Research Forum. Monterey, CA, 2005. Abstract Presentation.

**Presentations and Lectures**

- Approach to the Throwing Athlete; UltraHealth Physical Therapy Lecture Series, July 2018
- Surgical Techniques in Anatomic and Reverse Shoulder Arthroplasty; Arthrex Shoulder Course, Fremont, CA, January 2018.
- ACL Revision Surgery: Current Surgical Techniques and Concepts; San Francisco Orthopaedic Surgery Residency Program, December 2017
- Current Concepts in Shoulder Pathology: from Frozen Shoulder to Reverse Arthroplasty; Saint Francis Memorial Hospital Ground Rounds, September 2017.
- Approach to the elite overhead athlete. Prepared with Dr. Heinz Hoenecke. San Diego Shoulder Course. June 2013.
- Reverse shoulder arthroplasty: expanding the indications. University of California, San Diego, Department of Orthopaedic Surgery Grand Rounds. June 2013.
- Complex shoulder pathology. Scripps Clinic Department of Orthopaedic Surgery Grand Rounds. January 2013.
- Arthroscopic pearls: femoral tunnel positioning in acl reconstruction. San Diego Arthroscopy and Sports Medicine Fellowship. December 2012.
- Shoulder case presentations. Scripps Clinic and UCSD combined arthroscopy and radiology conference. September 2012.
- The effect of biceps adhesions on glenohumeral range of motion: a cadaveric study. San Francisco Orthopaedic Surgery Residency Program Research Day. June 2012.